



## The Vale Federation

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**Principal: Christine Stephenson**  
**Head of School: Marianne Murphy**

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Dear Parent/Carer,

We hope that you are all keeping safe and well.

As most of our children spend more time online, we thought that you might like some information on useful websites that contain some helpful tips, hints and interactive games on keeping safe online –

<https://www.saferinternet.org.uk/safer-internet-day/safer-internet-day-2020/i-am-parent-or-carer>

Free resources to talk to your child about online safety.

<https://www.thinkuknow.co.uk/>

Thinkuknow is the education programme from NCA-CEOP, a UK organisation which protects children both online and offline.

<https://www.bbc.com/ownit>

The BBC has developed a new app and keyboard to help children aged 8-12 lead a happy and healthy digital life.

<https://www.o2.co.uk/help/nspcc>

Practical info provided over the phone, interactive parent workshops, as well as Net Aware, your guide to the latest social networks, apps and games your kids use. Information provides support to help parents and their kids have regular conversations to help them stay safe online.

<https://www.o2.co.uk/help/nspcc/parents-vs-kids>

Get the whole family together and take the O2 NSPCC Parents vs Kids quiz. You can play on an Amazon Echo, or on your mobile, desktop or tablet. See who knows the most about the online world, and learn a bit more about staying safe.

As always, we would also recommend spending some time with your children, seeing what they are accessing and playing on the internet. As well as being good fun, this will also help you to identify any concerning content or behaviours.

Please email [dslbookerpark@thevalefederation.com](mailto:dslbookerpark@thevalefederation.com) (Booker Park) or [dslstocklakepark@thevalefederation.com](mailto:dslstocklakepark@thevalefederation.com) (Stocklake or Harding House) if you require any further information.

Yours faithfully

Jo Dolder  
Safeguarding manager