

## Winter 2024 Textured Menu

WEEK 1: Monday 8th Jan

WEEK 4: Monday 29th Jan

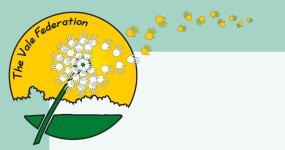
Monday	Tuesday	Wednesday	Thursday	Friday
MEAT OPTIONS  Level 4: Macaroni Cheese  Level 5: Cottage Pie  Level 6: Cottage Pie	MEAT OPTIONS  Level 4: Lancashire Hotpot  Level 5: Chicken Casserole  Level 6: Chicken Casserole	MEAT OPTIONS  Level 4: Roast Beef  Level 5: Roast Lamb & Mint  Level 6: Roast Beef	MEAT OPTIONS  Level 4: Chicken Tikka  Level 5: Veg Lasagne  Level 6: Lamb Casserole	MEAT OPTIONS  Level 4: Fish in Cheese sauce  Level 5: Fish Pie  Level 6: Fish Pie
VEGETARIAN Level 4 & 5: Veg Cottage Pie	VEGETARIAN Level 4 & 5: Veg Hot Pot	VEGETARIAN Level 4 & 5: Quorn Lasagne	VEGETARIAN Level 4 & 5: Veg Curry	VEGETARIAN Level 4 & 5: Fish
Seasonal Vegetables Potatoes	Seasonal Vegetables Potatoes	Seasonal Vegetables Potatoes	Seasonal Vegetables Potatoes	Seasonal Vegetables Potatoes
Yoghurt/Custard	Yoghurt/Custard	Yoghurt/Custard	Yoghurt/Custard	Yoghurt/Custard

## PUREE & TEXTURED DISHES AND THEIR ALLERGEN CONTENT – Booker Park School – Winter 2024

DISHES					De.	Jupin Flour	Milk		MUSTARD			SEAM		Boor
Main Menu Wk 1 & 4	Celery	Cereals contain- ing gluten	Crusta- ceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Macaroni Cheese L4		<b>✓</b>		<b>√</b>			<b>√</b>		<b>✓</b>				<b>√</b>	
Cottage Pie L5				<b>√</b>			<b>√</b>						<b>√</b>	
Cottage Pie L6							<b>√</b>						<b>√</b>	<b>✓</b>
Quorn Balls L4&5	<b>√</b>			<b>✓</b>										
Lancashire Hot- pot L4	<b>√</b>	<b>√</b>		<b>√</b>	<b>√</b>		<b>√</b>						<b>√</b>	<b>√</b>
Chicken Casse- role L5							<b>✓</b>							
Chicken Casse- role L6				<b>✓</b>			<b>√</b>						<b>√</b>	
Veg Korma	<b>√</b>													
Roast Beef L4		<b>√</b>		<b>√</b>			<b>√</b>						<b>√</b>	
Roast Lamb & Mint L5				<b>√</b>			<b>√</b>						<b>√</b>	
Roast Beef L6		<b>√</b>		<b>√</b>			<b>√</b>		✓				<b>√</b>	

DISHES					100	.upin Flour	Milk		MUSTARD			SEAM		Beer WINE
Main Menu Wk 1 & 4	Celery	Cereals contain- ing gluten	Crusta- ceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Quorn Bolognese L4&5	<b>√</b>			<b>✓</b>										
Chicken Tikka L4				<b>✓</b>			<b>√</b>							<b>√</b>
Veg Lasagne L5		<b>✓</b>		<b>✓</b>			✓						<b>√</b>	
Lamb Casserole L6				<b>✓</b>			<b>√</b>						<b>√</b>	
Veg Chilli L4+5	<b>√</b>													
Fish in Cheese Sauce L4				<b>✓</b>	<b>√</b>		<b>√</b>							
Fish Pie L5				<b>✓</b>	<b>√</b>		<b>√</b>							
Fish Pie L6				<b>✓</b>	<b>√</b>		<b>√</b>							<b>√</b>
Fish L4&5	<b>√</b>				<b>✓</b>									

DISHES						Jupin Flour	Milk		MUSTARD			SEAM		Seer WINE
Main Menu Wk 1 & 4	Celery	Cereals contain- ing gluten	Crusta- ceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Seasonal Veg														
Mashed Potato														
Yoghurt/Custard							<b>√</b>							



## Winter 2024 Textured Menu

**WEEK 2: Monday 15th Jan** 

**WEEK 5: Monday 5th Feb** 

Monday	Tuesday	Wednesday	Thursday	Friday
MEAT OPTIONS  Level 4: Chicken Curry  Level 5: Chicken Curry  Level 6: Macaroni Cheese	MEAT OPTIONS  Level 4: Sausage & Mash  Level 5: Beef Bolognese  Level 6: Beef Bolognese	MEAT OPTIONS  Level 4: Roast Lamb  Level 5: Roast Lamb  Level 6: Lamb Casserole	MEAT OPTIONS  Level 4: Roast Chicken  Level 5: Chicken Casserole  Level 6: Chicken Casserole	MEAT OPTIONS  Level 4: Fish in Cheese sauce  Level 5: Fish Pie  Level 6: Fish Pie
VEGETARIAN Level 4 & 5: Quorn Balls	VEGETARIAN Level 4 & 5: Veg Korma	VEGETARIAN Level 4 & 5: Quorn Bolognese	VEGETARIAN Level 4 & 5: Veg Chilli	VEGETARIAN Level 4 & 5: Fish
Seasonal Vegetables Potatoes	Seasonal Vegetables Potatoes	Seasonal Vegetables Potatoes	Seasonal Vegetables Potatoes	Seasonal Vegetables Potatoes
Yoghurt/Custard	Yoghurt/Custard	Yoghurt/Custard	Yoghurt/Custard	Yoghurt/Custard

DISHES						Lupin	Milk		MUSTARD			SSAN STATE OF THE		Boor
Main Menu Wk 2 & 5	Celery	Cereals contain- ing gluten	Crusta- ceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Chicken Curry L4				<b>√</b>			<b>√</b>							
Chicken Curry L5				<b>√</b>			<b>√</b>							
Macaroni Cheese L6		<b>√</b>					<b>√</b>		<b>✓</b>				<b>√</b>	
Veg Cottage Pie	<b>√</b>													
Sausage&Mash L4		<b>√</b>		<b>√</b>			<b>√</b>						<b>√</b>	
Beef Bolognese L5		<b>√</b>		<b>√</b>			<b>√</b>							
Beef Bolognese L6		<b>✓</b>					<b>√</b>							
Veg Hot Pot	<b>√</b>													
Roast Lamb L4				<b>√</b>			<b>√</b>						<b>√</b>	
Roast Lamb L5				<b>√</b>			<b>√</b>						<b>√</b>	
Lamb Casserole				<b>√</b>			<b>√</b>						<b>√</b>	

DISHES						Lupin Flour	Milk		MUSTARD			SSEM!		Boer WINE
Main Menu Wk 2 & 5	Celery	Cereals contain- ing gluten	Crusta- ceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Quorn Lasagne L4&5	<b>√</b>	<b>√</b>		<b>✓</b>										
Roast Chicken L4		<b>✓</b>		<b>✓</b>			<b>√</b>						<b>✓</b>	
Chicken Casse- role L5							<b>√</b>							
Chicken Casserole L6				<b>✓</b>			<b>√</b>						<b>√</b>	
Veg Curry	<b>√</b>													
Fish in Cheese Sauce L4				<b>√</b>	<b>√</b>		<b>√</b>							
Fish Pie L5				<b>√</b>	<b>√</b>		<b>✓</b>							
Fish Pie L6				<b>√</b>	<b>√</b>		✓							✓
Fish L4&5	<b>√</b>				<b>√</b>									

DISHES						Jupin Flour	Milk		MUSTARD			SEEMAN ON THE PROPERTY OF THE		Wife
Main Menu Wk 2 & 5	Celery	Cereals contain- ing gluten	Crusta- ceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Seasonal Veg														
Mashed Potato														
Yoghurt/Custard							<b>√</b>							



Winter 2024 Textured Menu

WEEK 3: Monday 22nd Jan

**WEEK 6: Monday 19th Feb** 

Monday	Tuesday	Wednesday	Thursday	Friday
MEAT OPTIONS  Level 4: Sausage & Mash  Level 5: Chicken Curry  Level 6: Chicken Casserole	MEAT OPTIONS  Level 4: Beef Bolognese  Level 5: Beef Bolognese  Level 6: Beef Bolognese	MEAT OPTIONS  Level 4: Roast chicken  Level 5: Roast Chicken  Level 6: Roast Lamb	MEAT OPTIONS  Level 4: Cottage Pie  Level 5: Cottage Pie  Level 6: Macaroni Cheese	MEAT OPTIONS  Level 4: Fish in Cheese sauce  Level 5: Fish Pie  Level 6: Fish Pie
VEGETARIAN Level 4 & 5: Veg Curry	VEGETARIAN Level 4 & 5: Veg Lasagne	VEGETARIAN Level 4 & 5: Veg Hot Pot	VEGETARIAN Level 4 & 5: Veg Cottage Pie	VEGETARIAN Level 4 & 5: Fish
Seasonal Vegetables Potatoes	Seasonal Vegetables Potatoes	Seasonal Vegetables Potatoes	Seasonal Vegetables Potatoes	Seasonal Vegetables Potatoes
Yoghurt/Custard	Yoghurt/Custard	Yoghurt/Custard	Yoghurt/Custard	Yoghurt/Custard

DISH- ES						Lupin Flour	Milk		MUSTARD			SSAM		Boor
Main Menu Wk 3 & 6	Celery	Cereals contain- ing gluten	Crusta- ceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Sausage & Mash L4		<b>✓</b>		<b>✓</b>			<b>√</b>						<b>√</b>	
Chicken Curry L5				<b>✓</b>			<b>√</b>							
Chicken Casse- role L6				<b>✓</b>			<b>√</b>						<b>√</b>	
Veg Curry L4&5	<b>√</b>													
Beef Bolognese L4		<b>✓</b>		<b>√</b>			<b>√</b>							
Beef Bolognese L5		<b>✓</b>		<b>√</b>			<b>√</b>							
Beef Bolognese L6		<b>✓</b>					<b>√</b>							
Veg Lasagne	<b>√</b>													
Roast chicken L4		<b>✓</b>		<b>✓</b>			<b>√</b>						<b>√</b>	
Chicken Casse- role L5							<b>√</b>							
Roast Lamb L6				<b>√</b>			<b>√</b>						<b>√</b>	

DISHES						.upin Flour	Milk		MUSTARD			SEAM		Beer WINE
Main Menu Wk 3 & 6	Celery	Cereals contain- ing gluten	Crusta- ceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Veg Hotpot L4&5	<b>√</b>													
Cottage pie L4				<b>√</b>			<b>√</b>						<b>√</b>	
Cottage Pie L5				<b>✓</b>			<b>√</b>						<b>√</b>	
Macaroni cheese L6		<b>✓</b>					<b>√</b>		<b>✓</b>				<b>√</b>	
Veg Cottage pie	✓													
Fish in Cheese Sauce L4				<b>✓</b>	<b>✓</b>		<b>√</b>							
Fish Pie L5				<b>√</b>	<b>√</b>		<b>√</b>							
Fish Pie L6				<b>√</b>	<b>√</b>		✓							<b>✓</b>
Fish L4&5	<b>√</b>				<b>√</b>									

DISHES					A.	upin Flour	Milk		MUSTARD			SSEAM OC		Goor WINE
Main Menu	Celery	Cereals contain-	Crusta- ceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Wk 3 & 6		ing gluten												
Seasonal Veg														
Mashed Potato														
Yoghurt/Custard							<b>✓</b>							

Review date: OCT 2024		Reviewed by:	G.SHAW 12/10/23	Standards	You can find this template, including more information at ww <u>w.f</u> ood.go <u>v</u> .uk/alle <u>rg</u> y
Please note that fruit and vegeta- bles that are not listed are free from the above aller- gens.	**This is designed to be a guide only. Further details about specific products may be obtained from the school.  Contact: Head Chef: Ronald Bailey rbailey@thevalefederation.com  Tel. 01296-745824 M-F 07h00-13h30		Every effort is made to ensure that fish meals do not contain bones. However it is possible that whole fish pieces may contain bones. Meat used in all our meals is not Halal or Kosher.		