



Weeks: 4th to 8th November, 25th to 29th November and 16th to 20th December

Week One	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main	Chicken Korma with Rice, Roasted Cauliflower and Naan bread	Turkey Stew and Dumplings with Mashed Potatoes and Peas	Roast <u>Chicken</u> with Roast Potatoes, Carrots and Broccoli	Greek Style <u>Beef</u> Pasta Bake with Garlic Bread and Green Beans 2 MC 7 MC 12	Breaded <u>Haddock</u> Fillets with Chips and Peas or Baked Beans
Something Veggie	Vegetable and Chickpea Curry with Rice, Roasted Cauliflower and Naan Bread	Baked Bean and Cheese Pasty with Mashed Potatoes and Peas	Leek and Potato Pie with Carrots and Broccoli	Macaroni and Roasted Vegetable Bake with Green Beans	Vegan Hotdogs with Chips and Peas or Baked Beans
Jacket Potatoes	Baked Beans and Cheese or Chicken Mayo	Baked Beans and Cheese or Tuna Mayo	Baked Beans and Cheese or Cheese and Spring Onion	Baked Beans and Cheese or Coronation Chicken	Baked Beans and Cheese or Tuna Mayo
Packed Lunch Option	Cheese or Tuna Sandwich with Fruit, Crisps and Something Sweet 2 5 7 13	Cheese or Ham Sandwich with Fruit, Crisps and Something Sweet	Cheese or Tuna Sandwich with Fruit, Crisps and Something Sweet	Cheese or Ham Sandwich with Fruit, Crisps and Something Sweet	Cheese or Tuna Sandwich with Fruit, Crisps and Something Sweet 2 5 7 13
 Dessert	Apple Cake and Custard	Blueberry Muffin	Chocolate Chip Cookie	Vegan Jelly	Chocolate Doughnuts
	2 4 7 MC	2 4 MC	213		2 4 7 13

Allergen content:



























































Weeks: 11th to 15th November and 2nd to 6th December

Week Two	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main	Beef Meatballs in Tomato Sauce with Rice and Peas	Chicken Pie with Mashed Potato and Beans	Roast <u>Gammon</u> , Roast Potatoes, Carrots and Broccoli	Beef Spaghetti Bolognaise with Garlic Bread and Green Beans	Breaded <u>Fishcake</u> with Chips and Peas or Baked Beans
Something Veggie	Vegan Meatballs in Tomato Sauce with Rice and Peas	Veggie Mince Pie Served with Mash and Beans	Vegan Sausage Roll Served with Roast Potatoes, Carrots and Broccoli	Cheesy Pesto Pasta, Garlic Bread and Green Beans	Vegan Fish Fingers with Chips and Peas or Baked Beans
Jacket Potatoes	Baked Beans and Cheese or Pesto Chicken	Baked Beans and Cheese or Tuna Mayo	Baked Beans and Cheese or Cheese and Spring Onion	Baked Beans and Cheese or Sweet Chilli Chicken	Baked Beans and Cheese or Tuna Mayo
Packed Lunch Option	Cheese or Tuna Sandwich with Fruit, Crisps and Something Sweet	Cheese or Ham Sandwich with Fruit, Crisps and Something Sweet	Cheese or Tuna Sandwich with Fruit, Crisps and Something Sweet	Cheese or Ham Sandwich with Fruit, Crisps and Something Sweet	Cheese or Tuna Sandwich with Fruit, Crisps and Something Sweet
Dessert	St Clements Cake and Cream 2 4 7 MC 13	Chocolate Crispy Cake	Vegan Fruit Jelly	Syrup Sponge and Custard 2 4 7 MC 13	Strawberry Ice Cream Pots

Allergen content:





Celery 2 Cereals/Gluten 3 Crustaceans 4 Eggs 5 Fish









































8 mollusc 9 Mustard 10 Nuts 11 Peanuts 12 Sesame Seeds 13 Soya 14 Sulphur Dioxide





Weeks: 18th to 22nd November and 9th to 13th December

Week Three	<u>MEAT FREE</u> MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main	Quorn and Vegetable Noodle Stir Fry	Pepperoni Pizza with Wedges and Baked Beans 2 4 7 9 14	Roast Turkey , Roast Potatoes, Cauliflower and Broccoli	Katsu <u>Chicken</u> Curry with Coriander Rice and Green Beans 2 13	Fish Fingers with Chips and Peas or Baked Beans 2 5
Something Veggie	Mexican Bean and Potato Tray Bake Topped with Tortilla Chips	Cheese and Tomato Pizza with Wedges and Baked Beans	Vegetable Sausage Casserole, Roast Potatoes, Carrots and Broccoli	Vegetable and Quorn Paella with Green Beans	Cheese and Tomato Pin Wheel with Chips and Peas or Baked Beans 2 7
Jacket Potatoes	Baked Beans and Cheese or Chicken Mayo	Baked Beans and Cheese or Tuna Mayo	Baked Beans and Cheese or Cheese and Spring Onion	Baked Beans and Cheese or Coronation Chicken	Baked Beans and Cheese or Tuna Mayo
Packed Lunch Option	Cheese or Tuna Sandwich with Fruit, Crisps and Something Sweet	Cheese or Ham Sandwich with, Fruit, Crisps and Something Sweet	Cheese or Tuna Sandwich with Fruit, Crisps and Something Sweet	Cheese or Ham Sandwich with Fruit, Crisps and Something Sweet	Cheese or Tuna Sandwich with Fruit, Crisps and Something Sweet
	2673	27 8	2573	273	267 8
Dessert	Spiced Pear Cake and Custard 2 4 7 MC 13	Mixed Berry Crumble and Cream	Vegan Fruit Jelly	Chocolate Sponge with Chocolate Sauce	Yogurt with Apple and Cinnamon

Allergen content:





2 Cereals/Gluten 3 Crustaceans





































