



Weeks: 2<sup>nd</sup> to 6<sup>th</sup> September, 23<sup>rd</sup> to 27<sup>th</sup> September and 14<sup>th</sup> to 18<sup>th</sup> October

Week One	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Main</b>	<b>Chicken</b> Curry with Rice, Roasted Cauliflower and Naan Bread (2)	<b>Beef</b> Cottage Pie with Peas	Roast <b>Chicken</b> with Roast Potatoes, Carrots and Broccoli	<b>Pork</b> Sausage Macaroni Cheese with Green Beans (2, 7)	Breaded Haddock <b>Fish</b> Fillet with Chips & Peas Or Baked Beans (2, 5)
<b>Something Veggie</b>	Vegetable & Chickpea Curry with Rice, Roasted Cauliflower and Naan Bread (2)	Vegan Tortilla, Potato Wedges & Peas (2)	Vegetable Pie with Carrots and Broccoli (2)	Macaroni & Roasted Vegetable Bake with Green Beans (2)	Vegan Hotdogs with Chips & Peas or Baked Beans (2, 13, MC 12)
<b>Jacket Potatoes</b>	Baked Beans & Cheese or Piri Piri Chicken (7)	Baked Beans & Cheese or Tuna Mayo (7)	Baked Beans & Cheese or Egg Mayo (7, 4)	Baked Beans & Cheese or BBQ Chicken (7, 9)	Baked Beans & Cheese or Tuna Mayo (7)
<b>Packed Lunch Option</b>	Cheese or Tuna Sandwich with Fruit, Crisps & Something Sweet (2, 5, 7, 13)	Cheese or Ham Sandwich with Fruit, Crisps & Something Sweet (2, 7, 13)	Cheese or Tuna Sandwich with Fruit, Crisps & Something Sweet (2, 5, 6, 7, 13)	Cheese or Ham Sandwich with Fruit, Crisps & Something Sweet (2, 7, 13)	Cheese or Tuna Sandwich with Fruit, Crisps & Something Sweet (2, 5, 6, 7, 13)
<b>Dessert</b>	Toffee Cake (2, 4, 7)	Banana & Honey Muffins (2, 4)	Chocolate Cake (2, 4, 7)	Vegan Jelly	Chocolate Doughnuts (2, 4, 7, 13)

Allergen content:

- 1 Celery
- 2 Cereals/Gluten
- 3 Crustaceans
- 4 Eggs
- 5 Fish
- 6 Lupin
- 7 Milk
- 8 mollusc
- 9 Mustard
- 10 Nuts
- 11 Peanuts
- 12 Sesame Seeds
- 13 Soya
- 14 Sulphur Dioxide
- MC

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Weeks: 9<sup>th</sup> to 13<sup>th</sup> September, 30<sup>th</sup> September to 4<sup>th</sup> October and 21<sup>st</sup> to 25<sup>th</sup> October

Week Two	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Main</b>	BBQ <b>Chicken</b> Pizza with Baked Beans & Potato Wedges <b>2 4 7 9</b>	Mince <b>Beef</b> Pie with Mashed Potato and Beans <b>2</b>	Roast <b>Pork</b> with Roast Potatoes, Carrots and Broccoli	<b>Turkey</b> Lasagne with Garlic Bread & Green Beans <b>2 MC 4 7 MC 9 MC 12 MC 13</b>	Breaded <b>Fishcake</b> with Chips & Peas or Baked Beans <b>2 5 7 9</b>
<b>Something Veggie</b>	Cheese & Tomato Pizza with Baked Beans & Potato Wedges <b>2 4 7</b>	Mediterranean Vegetable Pie Served with Mash and Beans <b>2</b>	Vegan Sausage Stew Served with Roast Potatoes, Carrots and Broccoli <b>2</b>	Vegan Meatballs in a Tomato Sauce with Pasta, Garlic Bread & Green Beans <b>2 13</b>	Vegan Fish Fingers with Chips & Peas or Baked Beans <b>2</b>
<b>Jacket Potatoes</b>	Baked Beans & Cheese or Pesto Chicken <b>7</b>	Baked Beans & Cheese or Tuna Mayo <b>7</b>	Baked Beans & Cheese or Egg Mayonnaise <b>4 7</b>	Baked Beans & Cheese or BBQ Chicken <b>7</b>	Baked Beans & Cheese or Tuna Mayo <b>7</b>
<b>Packed Lunch Option</b>	Cheese or Tuna Sandwich with Fruit, Crisps & Something Sweet <b>2 5 7 13</b>	Cheese or Ham Sandwich with Fruit, Crisps & Something Sweet <b>2 7 13</b>	Cheese or Tuna Sandwich with Fruit, Crisps & Something Sweet <b>2 5 7 13</b>	Cheese or Ham Sandwich with Fruit, Crisps & Something Sweet <b>2 7 13</b>	Cheese or Tuna Sandwich with Fruit, Crisps & Something Sweet <b>2 5 7 13</b>
<b>Dessert</b>	Gingerbread Cake & Cream <b>2 4 7</b>	Chocolate Orange Cookies <b>2</b>	Vegan Fruit Jelly	Plum Sponge & Custard <b>2 4</b>	Vanilla Ice Cream Pots <b>7</b>

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Weeks: 16<sup>th</sup> September to 20<sup>th</sup> September and 7<sup>th</sup> to 11<sup>th</sup> October

Week Three	"MEAT FREE MONDAY"	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Main</b>	Vegetarian Sausage and Baked Bean Pie served with Peas <b>2</b>	Pesto <b>Chicken</b> & Leek Pasta Bake served with Green Beans <b>2</b>	Roast <b>Turkey</b> with Roast Potatoes, Carrots & Broccoli	Spaghetti <b>Beef</b> Bolognese with Garlic Bread & Broccoli <b>2</b> <b>MC 7</b> <b>MC 12</b>	<b>Fish</b> Fingers with Chips & Peas or Baked Beans <b>2</b> <b>5</b>
<b>Something Veggie</b>	Vegetarian Savoury Muffin Served with Potato wedges and Baked Beans <b>2</b> <b>4</b> <b>7</b>	Vegetable Lasagne served with Green Beans <b>2</b> <b>MC 4</b> <b>7</b> <b>MC 9</b> <b>MC 13</b>	Vegetable Sausage Casserole with Carrots & Broccoli <b>2</b>	Cheese and Onion Loaded Potato Skins with Broccoli <b>7</b>	Vegetarian Potato Cake with Chips & Peas or Baked Beans
<b>Jacket Potatoes</b>	Baked Beans & Cheese or Teriyaki Chicken <b>2</b> <b>7</b> <b>13</b>	Baked Beans & Cheese or Tuna Mayo <b>7</b>	Baked Beans & Cheese or Egg Mayonnaise <b>4</b> <b>7</b>	Baked Beans & Cheese or BBQ Chicken <b>7</b> <b>9</b>	Baked Beans & Cheese or Tuna Mayo <b>5</b> <b>7</b>
<b>Packed Lunch Option</b>	Cheese or Tuna Sandwich with Fruit, Crisps & Something Sweet <b>2</b> <b>5</b> <b>7</b> <b>13</b>	Cheese or Ham Sandwich with Fruit, Crisps & Something Sweet <b>2</b> <b>7</b> <b>13</b>	Cheese or Tuna Sandwich with Fruit, Crisps & Something Sweet <b>2</b> <b>5</b> <b>7</b> <b>13</b>	Cheese or Ham Sandwich with Fruit, Crisps & Something Sweet <b>2</b> <b>7</b> <b>13</b>	Cheese or Tuna Sandwich with Fruit, Crisps & Something Sweet <b>2</b> <b>5</b> <b>7</b> <b>13</b>
<b>Dessert</b>	Blackberry & Apple Pie with Custard <b>2</b> <b>7</b>	Rhubarb Crumble & Cream <b>2</b> <b>7</b>	Vegan Fruit Jelly	Chocolate Melting Moment <b>2</b> <b>4</b>	Yoghurt With Apple & Cinnamon <b>7</b>

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